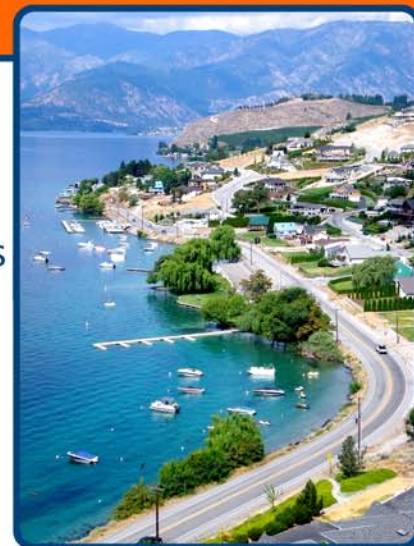


2010 TRAINING CAMPS



Chelan **Skills and Hills** - May 13 -17th

- The **dry** East Side of the Cascades
- Low traffic roads and country setting, best roads in state
- Coaches teaching you group riding and hill climbing skills
- **Fully supported** rides
- **Evening Clinics** (nutrition, skills, Euro-touring)
- Accomodations with pool, hot tub, easy access to town
- Cycle U Coach Craig Udem, Tom Meloy and other coaches will take your cycling to the next level.



\$750 *Final price will drop if more than 15 riders.

Rainier **Big Mountain Climb**fest - August 16 -20th

This camp is all about climbing some of the most challenging long climbs our state has to offer.

Route options over five riding days will include the best climbs of Ramrod and a preview of the High Pass Challenge route.

Camp participants will tackle great mountain passes

- include breakfasts
- on the road ride support and food
- four night's accommodations
- mechanical support and daily coaching

\$800 *Final price will drop if more than 15 riders.

